

◆ GRAND CYCLE TOKYO: RAINBOW BRIDGE RIDE and MULTISPORTS

* The numbers are as of the October 7 release date and are subject to change before the day of the event.

<Main Participants in RAINBOW BRIDGE RIDE>

- Ride participants: **approx. 3,000 people**
- Demonstration ride (Olympic and Paralympic athletes, etc.): **approx. 20 people**

<Main Content of MULTISPORTS>

- Highly intense demonstrations by top athletes / sports experiences for the general public: **about 30 types of sporting events**
- Tokyo 2020 Archives Exhibit: **about 30 items**
- Performances by local groups, etc.: **about 20 groups**
- Delicious food trucks: **about 20 trucks**

* Other events include a commemorative photo with Tokyo 2020 Mascots, Miraitowa and Someity.

◆ MULTISPORTS: Examples of Experiences and Demonstrations

For MULTISPORTS, many kinds of sports experiences will be offered in each area.

* Below, ● indicates an experience, and □ indicates a demonstration. The names of cooperating organizations are shown in parentheses under the content name.

* Photo for illustrative purposes only.

Central Square



□ Criterium
(Japan Cycle League)

Aomi NOP District



● Nandemo Ride
Latest mobility vehicles, etc.
Wheelchair Racing (Tokyo Sports Association for the Disabled)



□ **BMX Trailer**
(Japan Freestyle BMX Federation)



● **BMX Pump Track & Flatland Experience**
(Japan Freestyle BMX Federation)



● **Bicycle Simulator/Application Experience**
(Citizen Safety Promotion Division, Tokyo Metropolitan Government)

Sea Forest Waterway



● **Rowing**
(Tokyo Amateur Rowing Association)



□ **Sprint**
(Tokyo Cycling Federation)

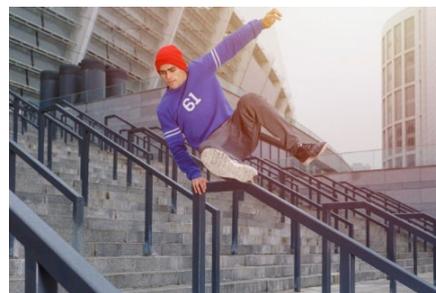
Stone and Light Plaza/ Flower Plaza



● **Strider Enjoy Cup**



● **Skateboarding**
(Tokyo Roller Sports Federation)



● **Parkour**
(Parkour Committee of the Japan Gymnastics Association)



● Breaking



● Sports Climbing



● Field Hockey
(Tokyo Hockey Association)

Ariake Frontier Building Atrium



● Tenohira Kenko Volleyball
(Tenohira Kenko Volleyball Association)



● Through-Net Ping Pong
(All Japan Through-Net Ping Pong Association)



● DigSports



● Unicycle Workshop □ Unicycle Dance Performance
(Japan Unicycling Association, Shinagawa Unicycling Association)

Ariake Garden



● VR Racing



● CYBER WHEEL X



● CYBER BOCCIA S



● Strike Bingo



● Putter Golf



● Bicycle Safety Training
(Metropolitan Police Department)



● First Aid Training
(Tokyo Fire Department)

Live musical performance by musicians



CHEMISTRY



el tempo

Other



□ Trial Bike & Parkour Show



● Fuwa-Fuwa Dome (kids trampoline)

Stamp Rally
(Examples of a giveaway)

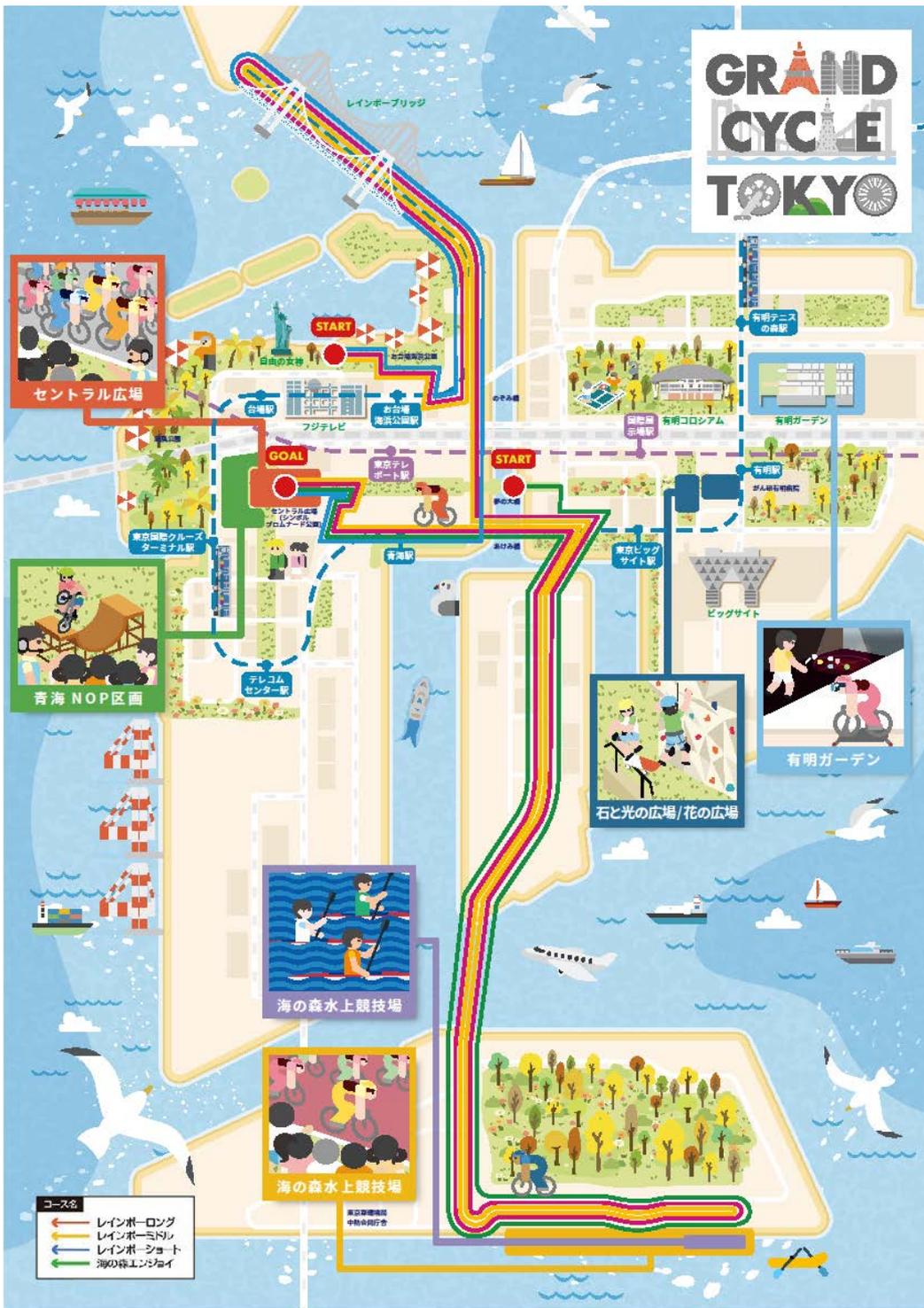
About 20 food trucks with original menus created for the event

◆ RAINBOW BRIDGE RIDE Roadside Cheering / MULTISPORTS Performance Groups, etc.

- CHUO CHEER DANCE TEAM BLUE SEAGULLS (cheer dance)
- Minato Kids Akasaka Kodomo Kabukikai (traditional Japanese dance)
- Odaiba Kids Dance MegJAM (dance)
- Halau o Pulama Ke Aloha (Hawaiian hula)
- Mami Gymnastics Club (cheer dance)
- Ariake Elementary School Brass Band (brass band)
- Ariake Junior High School Brass Band Club (brass band)
- Nobuyo Tsuchiya Flamenco Studio (flamenco)
- Shinagawa Gakuin Entertainment Club (dance)
- Wadaiko Omotogumi (Ota Ward Taiko Federation) (traditional Japanese drumming)
- ZERO-ONE (double dutch)
- BXSkipppers (rope skipping performance)
- Healinglights (music band)

etc

◆ Event Map



* There will be a bus to take visitors around the venues on the day of the event.