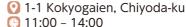
Chiyoda

Nanko Rest House

23 03-3231-0878

URI http://fng.or.jp/koukyo/



December 28 to January 1

10 min. walk from JR Tokyo and Yurakucho stations 5 min. walk from Tokyo Metro Nijubashimae and Hibiya







Edo Eco Koraku-ju

Available Year-round Ingredients Fish (from Hachijojima Island), vegetables (from Nerima) and salt (from Oshima Island)

* Salt: "Umi no Sei" brand from Oshima Island

Ichi-ju San-sai (1 soup & 3 side dishes) Gozen

Available Year-round

Ingredients Fresh local ingredients of the day



The Forest Kitanomaru

3 03-3214-3730

URI http://fng.or.jp/koukyo/



- 1-1 Kitanomaru Park, Chiyoda-ku
- 8:30 17:00
- Open everyday
- 5 min. walk from Toei Subway Shinjuku Line Kudanshita Stn 10 min. walk from Tokyo Metro Tozai Line Takebashi Stn





Kudanshita







Hachijojima Island Mackerel Scad Burger

Available Year-round Ingredients Mackerel scad (from Hachijojima Island)

Hachijojima Island Fish Sandwich Available Year-round

Ingredients Flying fish used (from Hachijojima Island)

* Salt: "Umi no Sei" brand from Oshima Island













Jimbocho

Takebashi

mikuni MARUNOUCHI

5 03-5220-3921

http://www.mikuni-marunouchi.jp/



2F Marunouchi Brick Square Annex, 2-6-1 Marunouchi, Chiyoda-ku

(11:00 – 15:30 (Last Call 14:30) 17:30 – 23:00 (Last Call 21:00)

■ January 1, when Brix Square is closed

4 min. walk from JR and others Tokyo Station Marunouchi South Exit 2 min. walk from Tokyo Metro Chiyoda Line Nijubashimae Stn Exit 1





Signature menu

Chef's Special Full of Tokyo Ingredients

Available Year-round

Ingredients Vegetables from Western Tokyo, used etc., and eggs from Tokyo

Special Lunch with Seasonal Tokyo Vegetables

Available Year-round

Ingredients Edogawa mustard spinach and used Takinogawa burdock



L'art et Mikuni

2 03-3213-0392

URL http://lart-et-mikuni.jp/



- In the National Museum of Modern Art3-1 Kitanomaru Park, Chiyoda-ku
- (5) 11:30 15:00 17:30 - 22:00
- **Mondays**
- 3 min. walk from Tokyo Metro Tozai Line Takebashi Stn Exit 1b







Piccolo Course (lunch)

Available Year-round

Ingredients Seasonal Tokyo vegetables used (menus vary)

Grande Course (lunch/dinner)

[Example] (June-July: using Iris-snow turnip)
Sautéed red sea bream with seasonal vegetable sauce
Available Year-round

Ingredients Seasonal Tokyo vegetables (menus vary)

ASSENTED, GREEN





Kanda Myojin Shita Miyabi Honten



23 03-3251-0155

URL http://www.miyabi.org/top.html

- 🕐 2-8-9 Sotokanda, Chiyoda-ku 11:30 - 14:00/17:30 - 22:00
- 🔀 Sundays and Holidays
- 8 min. walk from JR Ochanomizu Station





Signature menu

Sillago Tempura

Available Year-round

Ingredients Sillago from Tokyo Bay used

Conger Eel Tempural Tempura Rice Bowl (lunch)

Available Year-round

Ingredients Conger eel from Tokyo Bay used



Kifune

3 03-6273-7177

URI www.kanda-kifune.com/



- Kimura Bldg. 1F, 3-11 Ogawamachi, Kanda, Chiyoda-ku
- Tue-Fri [Lunch] 11:30 14:00 (Last call 13:30) Mon-Fri [Dinner] 17:30 - 23:30 (Last call 21:00)
- Weekends and Holidays Also closed for lunch on Mondays
- 3 min. walk from Exit B7 of Toei Shinjuku Line Ogawamachi Station





Signature menu

Bagna Càuda with Edo Vegetables

Available Year-round

Ingredients Seasonal Tokyo vegetables

Hanakago Flower Basket Lunch

Available Year-round

Ingredients Seasonal Tokyo vegetables









Reservations possible

Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted)

Sizzler's Tokyo International Forum

23 03-3211-2205

URI https://www.sizzler.jp/shop/000846/

- 💽 Tokyo International Forum, A Block B1F 3-5-1 Marunouchi, Chiyoda-ku
- (5) 11:00 22:00 (Sat, Sun, Holidays: 10:00 22:00)
- New Year's Day

Accessible from JR Tokyo Station and Yurakucho Station (Located immediately outside of Tokyo Station Keiyo Subway Marunouchi Exit). Also accessible from various subway lines (Tokyo Metro Yurakucho Line, Hibiya Line, Chiyoda Line, Marunouchi Line, Ginza Line, and Toei Subway Mita Line)







used

Available Year-round

Seasonal vegetables from Tokyo are used in Ingredients the salad bar (vegetable corner of Tokyo NEO FARMERS), Edo Tokyo vegetables

Salad Bar with Seasonal Fruits and Vegetables

Otemachi Niiubashimae Yurakucho Ginzaitchome

Q CAFE by Royal Garden Cafe

3 03-6205-7206

IRI https://royal-gardencafe.com/qcafe/



11:00-22:00

oxtimes Same as the main building

🗐 Immediately next to Hibiya Station Exit A11 on the Tokyo Metro Hibiya Line or Hibiya Station Exit A5 on the Chiyoda Line 4 min. walk directly from Tokyo Metro Yurakucho Line Yurakucho Station

5 min. walk directly from Ginza Station on the Tokyo Metro Marunouchi Line, Hibiya Line, and Ginza Line

5 min. walk directly from JR Yurakucho Station and from Toei Mita Line













Recommended Seasonal Tokyo Vegetables Menu (Menu varies by season)

Available Year-round

Signature menu

Ingredients Seasonal vegetables from Tokyo and vegetables from Edo Tokyo



Royal Garden Cafe IIDABASHI

3 03-3239-3777

URI https://royal-gardencafe.com/iidabashi/

- 💽 lidabashi Grand Bloom Sakura Terrace 2F 2-10-2 Fujimi, Chiyoda-ku 11:00-23:00
 - New Year Holidays (New Year's Eve/New Year's Day) 📵 1 min. walk from West Exit JR Iidabashi Station
 - Various subway lines (Tokyo Metro Yurakucho Line, Tozai Line, Namboku Line and Toei Subway Oedo Line)





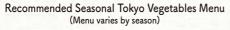












Available Year-round (Changes monthly)

Ingredients Seasonal vegetables from Tokyo (depending on availability) and vegetables from Edo Tokyo (depending on availability)



Vin Picoeur Marunouchi

23 03-6212-1011

URI http://www.auxamis.com



- B1 Shin-Tokyo Bldg, 3-3-1 Marunouchi, Chiyoda-ku
- (Ast Call 14:00) (Mon-Fri 11:30 15:00 (Last Call 14:00) 17:30 - 23:00 (Last Call 22:00) Weekends and holidays 11:30 - 22:30 (Last Call 21:30)

New Year Holidays

3 min. walk from JR Yurakucho Station International Forum Exit 2 min. walk from Tokyo Metro Yurakucho Line Yurakucho Stn 3 min. walk from Tokyo Metro Hibiya Line Hibiya Stn





Yurakucho



Available Year-round

Ingredients Tokyo Shamo Chicken (from Hachioji) used







Hibiya



Signature







Tokyo Karaage Bar

https://gd1n601.gorp.jp

23 03-6256-0564



OB1F JP Tower, 2-7-2 Marunouchi, Chiyoda-ku

Mon-Sat: 11:00 - 23:00 Sun and Holidays: 11:00 - 22:00

Open every day (except New Year's Day)

1 min. walk from Tokyo Station (Marunouchi South Exit) via JR lines and various subway lines

2 min. walk from Nijubashimae Station on the Chiyoda Subway one





Signature menu

Tokyo Vegetable Bagna Càuda (Dinner time 17:00~)

Available Year-round

Ingredients Seasonal vegetables from

ised Tokyo

Tokyo Vegetable Terrine

(3-piece Tokyo Set (karaage fried chicken, wine, terrine)

Available Year-round

Ingredients Seasonal vegetables from

sed Tokyo



Tamahide

2 03-3668-7651

URL http://www.tamahide.co.jp/



- 1-17-10 Ningyocho Nihombashi, Chuo-ku
- Lunch 11:15 13:45 (subject to change) Dinner 17:00 – 21:30 (Last Call 20:30)
- Irregular
- Immediately next to Tokyo Metro Hibiya Line Ningyocho Station Exit A2







Original Oyakodon

Available Year-round

Ingredients
Tokyo Shamo Chicken

Shamo Sukiyaki Course

Available Year-round

Ingredients
used Tokyo Shamo Chicken



Nihonbashi Yukari

5 03-3271-3436

URI http://www.nihonbashi-yukari.com/

- 💽 3-2-14 Nihombashi, Chuo-ku
- (1) 11:30 14:00 /17:00 22:00
- Sundays and Holidays
- 3 min. walk from JR Tokyo Station1 min. walk from Tokyo Metro Ginza Line Nihombashi Stn







Braised TOKYO X Pork Belly with Senju Green Onion

Available Year-round

Signature

Ingredients TOKYO X pork

used and Senju green onion

Custard Pudding with Edo Rice

Available Year-round

Ingredients used Rice, eggs, milk



Tenmo

☎ 03-3241-7035

IRL http://www.tenmo.jp/



- 4-1-3 Nihombashi Honcho.
- Chuo-ku
 12:00 14:00/17:00 20:00
- Saturdays in August, Sundays and Holidays
- 2 min. walk from Tokyo Metro Ginza Line Mitsukoshimae Stn 2 min. walk from JR Shin-Nihombashi Station







Edo Tokyo Vegetable Tempura

Available Varies in each season

Ingredients Tera

Tokyo *udo* spikenard (from Tachikawa), Terajima eggplant (from Mitaka, etc.) and Shinagawa turnip (from Kodaira, Nerima, etc.)

Assorted Pickles

Available Year-round

Ingredients used

Turnip (from Kiyose, etc.), Magome *Hanjiro* cucumber (from Kokubunji), Mikawashima greens (from Kodaira, etc.), cabbage (from Nerima, etc.), and *Hingya* salt (from Aogashima Island)











Credit cards accepted (confirm types that are accepted) Electronic money accepted (confirm types that are accepted)

Nihombashi Funazushi

☎ 03-3661-4569

URI http://www.funazushi.info



💽 Fukazawa Bldg, 11-2 Nihombashi Kobunacho, Chuo-ku

11:30 - 14:30/16:30 - 22:00

Sundays, Holidays and the fourth and fifth Saturdays

* Reservations are required for Saturday evenings at least one day in advance (for about 10 people).

🦲 6–7 min. walk from Tokyo Metro Mitsukoshimae Station Exit A4 or COREDO Muromachi 2 Exit

6-7 min. walk from Tokyo Metro Ningyocho Station Exit A5





Signature menu

Edo-style Conger Eel Shiro-yaki/Sushi

Available Year-round

Conger eel from Tokyo Bay used

Edo-style Sillago Sashimi/Sushi

Available Year-round

Sillago from Tokyo Bay used



Ginza Himorogi

3 03-6274-6779

IRI http://himorogi.tokyo/



1F Meiko Bldg, 8-2-15 Ginza, Chuo-ku

Lunch (Mon - Sat): 11:30 - 14:00 (Mon - Fri): 17:00 - 4:00

next morning (Last Call 3:00)

Lunch (Sun and Holidays): 11:30 - 14:00 Dinner(Sat, Sun and Holidays): 17:00 - 23:00 (Last Call 22:00)

> *Please contact the restaurant directly to inquire about their regular holidays.

5 min. walk from Ginza, Shimbashi, Hibiya, and Uchisaiwaicho stations







Tokyo Shamo Chicken Thigh Yakitori

Available Year-round

Ingredients Tokyo Shamo Chicken (from Akiruno)

Edo Shamo Chicken Hot Pot

Available Year-round

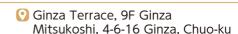
Ingredients Tokyo Shamo Chicken (from Akiruno)



Minoru Diner

☎ 03-5524-3128

URI http://minoriminoru.jp/diner/



- (5) 11:00 21:00 (Subject to change based on the situation)
- When Ginza Mitsukoshi is closed
- 🗐 1 min. walk from Tokyo Metro Ginza, Marunouchi and Hibiya lines Ginza Stn

9 min. walk from JR Yurakucho Station Central and Ginza exits















Daily Side Dish

Available Year-round

Ingredients used

Vegetables from Nishitokyo (zucchini, Japanese mustard spinach, leaf lettuce, green bean, etc.)



Minori Café

☎ 03-5524-3127

URI http://minoriminoru.jp/cafe/



- Ginza Terrace. 9F Ginza Mitsukoshi. 4-6-16 Ginza, Chuo-ku
- (Subject to change based on the situation)
- When Ginza Mitsukoshi is closed
- 1 min. walk from Tokyo Metro Ginza, Marunouchi and Hibiya lines Ginza Stn 9 min. walk from JR Yurakucho Station Central and

Ginza exits







Ginza 🛧

Ginza-itchome

Higashi-ginza



Green Smoothie with Honey

Available Year-round

Ingredients Japanese mustard spinach from Tokyo (Nishitokyo)

















Yurakucho

Aoyama Torimikura Honten

2 03-5770-5039

URL http://www.wid.co.jp/tenpo/torimikura-aoyama/



💽 3-12-4 Minami Aoyama, Minato-ku

Mon - Fri 11:30 - 15:30

18:00 - 23:00 (Last Call 22:00)

11:30 - 15:30 Weekends

and holidays 17:00 - 22:30 (Last Call 21:30)

Open everyday (except New Year Holidays)

🦲 4 min. walk from Tokyo Metro Omote-sando Station Exit A4





Signature menu

Charcoal Grilled Tokyo Shamo Chicken and Egg Rice Bowl

Available Year-round

Ingredients Tokyo Shamo Chicken

Tokyo Shamo Chicken Hot Pot

Available Year-round

Tokyo Shamo Chicken used



Natural Cafe and Restaurant TABUNIOKI

23 03-3280-1916

URI http://tokyo.moa-natural.jp/clinic/tabunoki/index.html



- 1F Tokyo Ryoin-shinkan, 4-9-16 Takanawa, Minato-ku
- Tuesdays-Saturdays: 11:00-21:00
- Sundays and Mondays
- 3 min. walk from JR/Keikyu Shinagawa Station















Naturally Farmed Vegetable Lunch

Available Year-round

Ingredients Seasonal vegetables from Tokyo (Nishitokyo, etc.)

Seasonal Dinner Course

Available Year-round

Ingredients Seasonal vegetables from Tokyo (Nishitokyo, etc.)



Shinkyoutei Shinkan

2 03-3580-2211

URI http://shinkyotei.com/



Weekdays 11:00 - 22:00 (Last Call) 11:00 - 21:00 (Last Call)

🔀 New Year Holidays

🧐 3 min. walk from JR Shimbashi Station Hibiya Exit







Tokyo Feast Course Meal

(Course meal using carefully selected ingredients from Tokyo and served only from October to November)

Available October to November

used

Signature menu

> Ingredients
> Used
>
> Vegetables from Tokyo, Tokyo Shamo
> Chicken, TOKYO X Pork, mushrooms from
> Okutama-machi, fishes from Izu Islands and Tokyo Bay, Japanese pear, grapes, etc.

TOKYO X Char-Siu Pork

Available Year-round

Ingredients TOKYO X Pork used



erba da nakahigashi

23 03-5467-0560

URI www.erbadanakahigashi.com



- B1F NISHIAZABU4416, 4-4-16 Nishi-azabu, Minato-ku
- (17:00 20:30 (Last Call)
- Sundays
- 📵 6 min. walk from Tokyo Metro Hibiya Line Hiroo Station







Minestrone Soup

Available Year-round

Ingredients All course menu dishes use ingredients produced in Tokyo (seasonal vegetables from Hachioji and Akiruno, Tokyo ukokkei fowl eggs, livestock products from urban areas, river fish, etc.)









Reservations possible

Credit cards accepted (confirm types that are accepted)



Tokyo Yasai Kitchen SCOP

2 03-6435-5304

URL https://www.facebook.com/TokyoYasaiKitchenSCOP



1F Tokyo-Noson Bldg., 3-19-1 Akasaka, Minato-ku

Mon-Fri: 11:30-15:00 (Last call 14:30) 18:00-23:30 (Last call 22:30) Sat and Holidays: 17:00-22:30 (Last call 22:00)

Sundays

2 min. walk from Akasaka-mitsuke Subwav Station/6 min. walk from Akasaka Station





Signature menu

Bagna Càuda with Tokyo Vegetables

Available Year-round

Seasonal vegetables from Tokyo Ingredients (Trading with more than 100 farms in Tokyo) and Edo Tokyo vegetables such as Terajima eggplants

Tokyo X Roast Pork

Available Year-round

Ingredients Tokyo X pork roast used



Tokyo Oven Akasaka

2 03-6230-9569

URL http://tokyoovenakasaka.favy.jp/



- 💽 Hotel Risveglio Akasaka, 3-18-1 Akasaka, Minato-ku
- Breakfast: 7:00-10:00
- Lunch: 11:30-14:30 Dinner: 17:00-24:00 Morning only -- Open everyday Lunch -- Sat, Sun and Holidays Dinner -- Sun and Holidays
- 3 min. walk from Akasaka-mitsuke Subway Station 5 min. walk from Akasaka Station







Homemade pickles with farm vegetables

Available Year-round (Depending on availability)

Ingredients Seasonal vegetables from Tokyo (mainly from Mitaka) and Edo Tokyo vegetables such as Terajima eggplants

Steamed Tokyo vegetables in a nabe iron pot

Available Ingredients used

Year-round (Depending on availability) Seasonal vegetables from Tokyo (mainly from Mitaka) and Edo Tokyo vegetables such as Terajima eggplants



Minato

Royal Garden Cafe

☎ 03-5414-6170

URL https://royal-gardencafe.com/aoyama/



- 11:00 23:00
- December 30 January 1
- 4 min. walk from Exit 1 of Aoyama 1-Chome Station













Recommended Seasonal Tokyo Vegetables Menu (Menu varies by season)

Available Year-round (Changes monthly)

Ingredients Seasonal vegetables from Tokyo (depending on availability) and vegetables from Edo Tokyo (depending on availability)



sun

Signature menu

3 03-6447-1943

URI https://sun-since2018.jp



- 7F No. 5 Daiei Bldg., 4-10-3 Roppongi, Minato-ku
- (§) 17:30 23:30
- Sundays
- ① 1 min. walk from Roppongi Station (Exit 6) via various subway lines







Yamame Japanese Salmon from Okutama-machi and Awabi Mushrooms from Hinohara-mura Earthenware Pot Rice Dish (part of a course)

Available Year-round

Ingredients Yamame Japanese Salmon Okutama-machi), Awabi Mushrooms (from Hinohara-mura)

Tokyo Issai (part of a course)

Available Year-round

Ingredients Exquisite Tokyo ingredients (seasonal vegetables, Tokyo Shamo Chicken, etc. *changes daily) used









AKRYO), GR



Credit cards accepted (confirm types that are accepted)

Electronic money accepted (confirm types that are accepted)

3 min. walk from Exit 4A of Gaienmae Station





