

Kurazo – Fussa Honten

☎ 042-530-0008

URL <http://www.kzkurazo.com/>



- 📍 1-13-11 Kamidaira, Fussa-shi
- 🕒 16:00 – 24:00
- ✕ Irregular
- 🚶 7 min. walk from JR Ome Line Fussa Station East Exit



Signature menu

Steamed Pork Rib and Cabbage

Price	880yen
Available	Year-round
Ingredients used	TOKYO X Pork Ribs

Seasonal vegetables from the Akiyama's

Price	380 yen
Available	Year-round
Ingredients used	Seasonal vegetables from Ome



Ikesu Restaurant Hamazen

☎ 042-551-0035

URL www.kourakuen.com



- 📍 1018 Kumagawa, Fussa-shi
- 🕒 11:00- 22:00
- ✕ Open everyday (Only closed for New Year's holidays)
- 🚶 5 min. walk from JR Musashi-Itsukaichi Line Kumagawa Station



Signature menu

Nishitama Nigiwai Meal

Price	1,980yen	Available	Year-round
Ingredients used	Pork from Ome, freshwater Ayu Fish from Akigawa, corn from Akiruno, etc. Ingredients change with the seasons.		

Tempura Assorted

Price	1,300yen
Available	Year-round
Ingredients used	Maitake mushrooms from Hinohara, etc.



Asian Restaurant **Komae Saigon**☎ **03-3430-5186**URL <http://www.hotpepper.jp/strJ000230484/>

- 📍 1-3-1 Izumihoncho, Komae-shi
- 🕒 11:30 – 15:00 (Last Call 14:30)
17:00 – 24:00
- ✕ Mondays (Changes on public holidays)
- 🚶 3-4 min. walk from Odakyu Line
Komae Station



Signature menu

Coriander Salad

Price 780yen

Available Year-round

Ingredients Coriander (from Komae and Setagaya)

Water Spinach and Garlic Stif-fry

Price 980yen

Available Year-round

Ingredients Water spinach (from Komae and Setagaya)

Italian Restaurant **Vino Uno**☎ **03-3430-4884**URL <http://vinouno-komae.com/>

- 📍 1F Izumi-no-Mori Hall, 1-8-12
Motoizumi, Komae-shi
- 🕒 12:00 – 14:30 (Last call 14:00)
18:00 – 21:30 (Last call 21:00)
- ✕ Mondays
(Substituted to Tuesday if Monday is a holiday)
- 🚶 1 min. walk from Odakyu Line Komae Station North Exit



Signature menu

Lunch CoursePrice A: 1,600yen/B: 2,200yen/
C: 3,000yen/D: 4,000yen (tax excl.)

Available Year-round

Ingredients GAP Komae vegetables, Komae vegetables,
homemade yeast bread using black rice from Fuchu**Dinner Course**Price A: 3,000yen/B: 4,000yen
(tax excl.)

Available Year-round (Dinner only, reservation required)

Ingredients GAP Komae vegetables, Komae vegetables,
homemade yeast bread using black rice from Fuchu

Jack Pot Komae

☎ 03-5761-7180

URL <http://www.jack-pot.co.jp/>



- 📍 1F, 1-1-5 Izumihon-cho, Komae-shi
- 🕒 11:00 - 22:00 (Last call 21:00)
- 🗓 Open everyday
- 🚶 2 min. walk from Odakyu Komae Station North Exit (Inside Komae City Hall)



Signature menu

Seasonal Vegetable Simple Salad

Price 650yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae

Oyster and Vegetable Cream Spaghetti

Price 1,200yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from used Komae



Teppan TOKIO

☎ 03-5761-8805

URL https://www.instagram.com/iron_plate_tokio/



- 📍 Second floor, 1-20-4 Higashiizumi, Komae-shi
- 🕒 17:00 - 25:00
- 🗓 Thursdays
- 🚶 Immediately next to Odakyu Line Komae Station



Signature menu

Salad with our Renowned Homemade Dressing

Price 480yen (tax excl.) Available Year-round

Ingredients Seasonal vegetables from Komae used
*Served with homemade dressing that uses onions, carrots, etc. from Komae (changes with the seasons)

Potage with Butternut Squash from Komae

Price 300yen (tax excl.)

Available Around Aug to Nov

Ingredients Butternut squash from Komae used



Soba Noodles Omura

☎ 042-561-2421

URL



- 📍 4-16-10 Nangai, Higashiyamato-shi
- 🕒 12:00 - 15:00/17:00 - 20:00
- ✖ Saturdays
- 🚶 3 min. walk from Seibu Haijima Line Higashi-Yamatoshi Station



Signature menu

Tempura Zaru Soba

Price 1,350yen

Available Year-round

Ingredients Seasonal vegetables from used Higashiyamato

Vegetable Tempura

(Customers who order *moré soba* or *zaru soba* may choose one of the following for free: tea leaves (1st and 2nd fresh buds (May to September)), pickled plums, sweet potatoes, or carrots)

Price -

Available Year-round

Ingredients Seasonal vegetables from used Higashiyamato



*Only domestic ingredients are used, especially from local areas such as Higashiyamato

Petit Point JONEN

☎ 042-493-2262

URL



- 📍 2-13-11 Matsuyama Kiyose-shi
- 🕒 11:30 - 13:30
17:00 - 20:00 (Only reservation)
- ✖ Thursdays
- 🚶 8 min. walk from Seibu Ikebukuro Line Kiyose Station South Exit



Signature menu

Vegetable Soup

Price 700yen

Available Year-round

Ingredients Seasonal vegetables from used Kiyose

Warm Vegetable Garnish

Price

Available Year-round

Ingredients Seasonal vegetables from used Kiyose



Shunsaigyo hiro

☎ 042-459-1486

URL <http://www.localplace.jp/t100056643/>



- 📍 1F Namiki Bldg., 1-13-7 Motomachi, Kiyose-shi
- 🕒 11:00 – 14:30 (Last Call 14:00)
16:00 – 24:00 (Last Call 23:00)
- ✕ Sundays and days with no fish deliveries
- 🚶 3 min. walk from Seibu Ikebukuro Line Kiyose Station North Exit



Signature menu

Kiyose Salad

Price 810yen for large size/627yen for small size
Available Year-round
Ingredients Seasonal vegetables from used Kiyose

Fish and Kiyose Vegetables Tempura

Price 842yen
Available Year-round
Ingredients Seasonal vegetables from used Kiyose



Kiyose

Ika Bar x Niku Bar Haru

☎ 042-497-9268

URL <https://www.facebook.com/ikabarunikubaru/>



- 📍 1-9-3 Motomachi, Kiyose-shi
- 🕒 16:00 – 24:00 (Last Call 23:00)
- ✕ Open everyday
- 🚶 1 min. walk from Seibu Ikebukuro Line Kiyose Station North Exit



Signature menu

Salad with Raw Ham and Arugula from Kiyose

Price 780yen
Available Year-round
Ingredients Arugula from Kiyose used

Fish and Kiyose Vegetables Tempura

Price 780yen
Available Year-round
Ingredients Turnips from Kiyose used



Kiyose

Handmade Ice Cream Workshop

Verde



Signature menu

Milk

Price	260yen
Available	Year-round
Ingredients used	Milk from Musashimurayama (store produced)

☎ 042-560-6651

URL <http://gelat-verde.jp/>

- 📍 1-80-3 Mitsufuji, Musashimurayama-shi
- 🕒 Apr - Sep 11:00 - 18:00
Oct to Mar 11:00 - 17:30
- ✕ Tuesdays (Only open on Saturdays, Sundays, and Holidays in January)
- 🚏 5 min walk from Tachikawa Bus and Seibu Bus "Aeon Mall" bus stop



Blueberry

Price	260yen
Available	Middle of June to early September
Ingredients used	Milk from Musashimurayama (store produced), blueberry from Musashimurayama (store produced)



*There will be also Okutama wasabi, Ogasawara lemon, potatoes from Hinohara, black tea, *edamame* soybeans, American potato from Niiijima, Ashitaba, chestnuts from Musashimurayama depending on the season.

Beer Restaurant Cotton Field

☎ 042-569-2011

URL



Signature menu

Ajillo with Pasta

Price	1,500yen
Available	Year-round
Ingredients used	Seasonal vegetables from Musashimurayama (broccoli, paprika)

Cotton's Baked Curry (with salad)

Price	850yen
Available	Year-round
Ingredients used	Seasonal vegetables from Musashimurayama (lettuce, cucumber)





- 📍 3-5-4 Ominami, Musashimurayama-shi
- 🕒 11:30 - 14:00
- ✕ Mondays, Tuesday, and Sundays
- 🚉 Nearest Station: Seibu Haijima Line Musashi-Sunagawa Station
- *Parking is available (5 spaces)



Signature menu

Udon with Tempura

Price	850yen (tax incl.)
Available	Year-round
Ingredients used	Seasonal vegetables from Musashimurayama (onions, carrots, eggplants, pimento peppers, etc.) wheat flour

Ude (steamed) Manju

Price	100yen (tax excl.)
Available	Middle of June to early September
Ingredients used	Wheat flour (from Musashimurayama and Kanto)



Nikujiru Udon Nagashimaya



- 📍 1-135-2 Ominami, Musashimurayama-shi
- 🕒 Lunch 11:30 - 15:00
Dinner 18:00 - 22:00
- ✕ Irregular
- 🚉 Take the bus from the Tachikawa Station. 2 min. walk from "Ominami 1-chome" bus stop



Signature menu

Nikujiru Udon

Price	700yen Available Year-round
Ingredients used	Seasonal vegetables from Tokyo (mainly from Musashimurayama) *A portion of our flour is from Musashimurayama

Matsuzen (Nikujiru udon and tempura rice bowl) / Takezen (Nikujiru udon and tempura)

Price	980/880yen Available Year-round
Ingredients used	Seasonal vegetables from Tokyo (mainly from Musashimurayama) *A portion of our flour is from Musashimurayama



VeggieFull Kitchen Treno Notte

☎ 042-373-7323

URL <http://www.treno-notte.com/>

- 📍 5F Parthenon Tama, 2-35 Ochiai, Tama-shi
- 🕒 11:30 - 15:00/17:00 - 22:00
- ✕ Same with Parthenon Tama
- 🚶 5 min. walk from Tama Center Station of either Keio Sagami-hara Line, Odakyu Tama Line or Tama Monorail



Signature menu

Salad Buffet Lunch

Price 1,000yen

Available Year-round

Ingredients Seasonal vegetables used from Hachioji



By-street Wine Pub Lido

☎ 042-400-7445

URL <http://www.lido-vins.com/>

- 📍 B1 Ochiai Alley, 1-11-3 Ochiai, Tama-shi
- 🕒 17:00 - 24:00
- ✕ Irregular
- 🚶 1 min. walk from Tama Center Station of either Keio Sagami-hara Line, Odakyu Tama Line or Tama Monorail



Signature menu

Assortment of Farm-fresh Vegetables

Price 680yen

Available Year-round

Ingredients Seasonal vegetables from used Hachioji and Tama



Run! Yoshoku-ya-san ♪

Inagi Satoyama Kitchen

☎ 042-331-3318

URL <http://soup-shisyou.jimdo.com/>



📍 36-104 Hirao Jutaku, 3-1-Hirao, Inagi-shi

🕒 11:30 - 16:00/17:00 - 21:00 (Mon to Fri)
11:30 - 21:00 (Sat, Sun and Holidays)

✖ Wednesdays

🚗 Take the bus from either Odakyu Line Shin-Yurigaoka Station or Keio Line Inagi Station. Store is immediately next to the "Hirao Danchi" bus stop.



Signature menu

Hearty Domestic Beef Stew

Price Just a Beef Stew 900 yen / set meal 1,150 yen

Available Year-round

Ingredients used Seasonal vegetables from Inagi (broccoli, Green beans, carrots, sunny lettuce, etc.)

Inagi Satoyama Special Taco Rice

Price 1,000yen Available Year-round

Ingredients used Seasonal vegetables from Inagi (Red leaf lettuce, lettuce, tomatos, broccoli, carrots, green beans, etc.)



Akariya Kosen

Handmade Soba Noodles

☎ 042-379-9225

URL <http://akariyakosen.com/>



📍 310-10 Yanokuchi, Inagi-shi

🕒 1:30 - 14:20 Last Call (14:40 Closed)
17:30 - 21:00 Last Call (21:30 Closed)

✖ Mondays and 4th Tuesdays (closed the following day if a holiday)

🚗 1 min. walk from Nambu Line Yanokuchi Station



Signature menu

Duck Hot-pot

Price One person 2,900yen

Available Oct to Mar

Ingredients used Seasonal vegetables from Inagi (Vegetables received: Long leeks, chrysanthemums, shiitake mushrooms, etc.)

Pear Soba

Price 1,100yen

Available End of August to early October

Ingredients used Pears from Inagi (Inagi, Niitaka, etc.)



Inagi

Inagi

ORTOLANA

☎ 042-407-5659

URL <http://ortolana.kitchen/>

- 📍 965-1 Oomaru, Inagi-shi
- 🕒 11:00 – 14:30 Last Call
(From 11:30 for weekends and Holidays)
17:30 – 21:00 Last Call
- ✕ Tuesdays (May be closed on other days)
- 🚶 2 min. walk from JR Nambu Line
Minami-Tama Station



Signature menu

Ortolana Napolitan Pasta

Price 1,000yen

Available Year-round

Ingredients Seasonal vegetables from Inagi (onions, carrots, bell peppers, eggplants, chayote, norabau greens, cabbage, etc.)

Baguna Cauda
with Grilled Inagi Vegetables

Price 1,200 - 1,300yen

Available Year-round

Ingredients Seasonal vegetables from Inagi (purple onions, black carrots, kinri carrots, madale bambos, broccoli, cauliflower romanesco, satimo taros, etc.)



imacoco coffee

☎ 080-5674-7374

URL <http://imacocoffee.web.fc2.com>

- 📍 1736-1 Higashinaganuma, Inagi-shi
- 🕒 Weekdays 7:30 – 18:00
Weekends 10:00 – 18:00
(All days 18:00~21:00 by reservation only)
- ✕ Thursdays and Holidays
- 🚶 10 min. walk from Keio Sagami-hara Line Inagi Station



Signature menu

Imacoco Original Salad

Price 300yen

Available Year-round

Ingredients To the greatest extent possible, we use seasonal vegetables from Inagi

Homemade Pie and Pear Jam

Price 380yen

Available Year-round

Ingredients Pears from Inagi (Kaya En Produce)



Italian Restaurant
Crescere

☎ **042-578-3368**

URL <http://cordialita.com/>



- 📍 First floor, 4-15-11 Gonokami, Hamura-shi
- 🕒 11:30~15:00 (LO14:30)
17:30~23:00 (LO22:00)
- ✖ Sundays
- 🚶 2 min. walk from JR Ome Line Hamura Station East Exit



Signature menu

Peperoncino Spaghetti with Fresh Tomatos, Bell Peppers, and Roasted Eggplant

Price 1,000yen (tax excl.)

Available Jul to Nov

Ingredients used Tomatoes, bell peppers, eggplants (from Hamura)

Grilled Cheese with Eggplant and Minced Meat

Price 980yen (tax excl.)

Available Jul to Nov

Ingredients used Eggplants (from Hamura)



54 CAFÉ & Crepe

☎ **042-533-6208**

URL <http://54cafecrepe.tokyo/>



- 📍 1F Mansion Nakano, 1-5-12 Midorigaoka, Hamura-shi
- 🕒 Weekdays 12:00 - 20:00
Weekends and Holidays 10:30 - 21:00 (Last Call 20:30)
- ✖ Tuesdays
- 🚶 11 min. walk from JR Ome Line Hamura Station East Exit



Signature menu

Grilled-Ome Pork Fried Rice Crepe

Price 500yen

Available Year-round

Ingredients used Pork from Ome



*Smoked butter is handmade at the café.