

Mamadaya

☎ 0428-74-4221

URL <http://mamadaya.com/>



- 📍 5-3140 Osoki, Ome-shi
- 🕒 Individual Rooms 11:00 – 15:00
- ✖ Irregular
(Mostly open on weekends. Inquire for details.)
- 🚌 From JR Higashi-Ome Station North Exit, ride the Seibu Bus bound for "Hanno-eki Minami-guchi" for approximately 20 minutes, get off at the "Iwakura Onsen" bus stop and walk 2 minutes

Signature menu

Meal and Bath (Private Room) Course

Price	5,940yen
Available	Year-round (Reservation required)
Ingredients used	Eggs from Ome, <i>Okutama</i> trout, seasonal vegetables (Some from Ome)



*A set of three ume-shu plum wines (kiki ume-shu) from Nishitama is available (1,080yen).

CAFE YUBA

☎ 0428-74-4405

URL <http://iwakura-cafeyubajindo.com>



- 📍 5-3142 Osoki, Ome-shi
- 🕒 Fri./Sat./Sun./Holidays 10:00 – 18:00
(10:00 – 17:00 from November to February)
- ✖ Mondays, Tuesdays, Wednesdays, Thursdays
- 🚌 From JR Higashi-Ome Station North Exit, ride the Seibu Bus bound for "Hanno-eki Minami-guchi" for approximately 20 minutes, get off at the "Iwakura Onsen" bus stop and walk 2 minutes

Signature menu

Handmade Cake

(Chiffon cake, sweet potato cake, gateau chocolate, etc.)

Price	380yen
Available	Year-round
Ingredients used	Eggs from Ome, home grown herbs

Handmade Cake Set

Price	750yen
Available	Year-round
Ingredients used	Handmade cake (Using eggs from Ome) and Tokyo Black Tea Mizuho or Iwakura Coffee as a set



Imoutoya



Signature menu

Skewered Grilled Trout

Price	780yen
Available	Year-round
Ingredients used	Trout (Mitake)

☎ 0428-78-7230

URL <http://www.sawanoi-sake.com/imoutoya/>

- 📍 1-2-5 Mitake, Ome-shi
- 🕒 Tea 10:30 – 16:00 (Last call 16:00)
Lunch 11:00 – 15:00 (Last call 15:00)
- ✕ Mondays
(Or the following Tuesday if Monday is a Holiday)
Closed intermittently for other events as well
- 🚶 5 min. walk from JR Ome Line Mitake Station



Taishoan



Signature menu

Deep Fried TOKYO X Pork Soup Noodles

Price	950yen
Available	Year-round
Ingredients used	TOKYO X Pork (from Ome)

TOKYO X Pork Zaru Soba Noodles

Price	1,050yen
Available	Year-round
Ingredients used	TOKYO X Pork (from Ome)

☎ 0428-22-2765

URL

- 📍 329 Kami-cho, Ome-shi
- 🕒 11:30 – 19:30
- ✕ Mondays
- 🚶 6 min. walk from JR Ome Line, Ome Station



Ome Shuku Bonbon-tei

☎ 0428-23-0110

URL <http://www.bonbontei.jp>



- 📍 1F Showa Retro Goods Museum, 65 Sumiecho Ome-shi
- 🕒 11:00 – 21:00
- 🗓 Mondays (Tuesdays when Monday is a holiday)
- 🚶 5 min. walk from JR Ome Line Ome Station

Signature menu

Sashimi with Okutama Yamame Trout

Price 1,000yen

Available Year-round

Ingredients used Okutama Yamame Trout (from Okutama)

Soup dumplings, steamed dumplings

Price Various lunch sets, 500yen

Available Year-round

Ingredients used All vegetables are from Ome. Also uses Ome *sangen* pork (mixed grain rice, pickled *zha cai* mustard plant included)



Italian Restaurant Toscana

☎ 0428-24-3755

URL <http://toscanaome.vpweb.jp/>



- 📍 10-5-4 Kabe-machi, Ome-shi
- 🕒 11:00 – 14:30/17:00 – 21:00
- 🗓 Mondays (Open if Monday is a Holiday)
- 🚶 5 min. walk from JR Ome Line Kabe Station North Exit

Signature menu

Small appetizers and seasonal spaghetti using local vegetables

Price 300yen/1,280yen

Available Year-round

Ingredients used Seasonal vegetables from Ome (summer: eggplants, cucumbers, tomatoes/ winter: sweet potatoes, Daikon radish, potatoes, etc)

Chef's Special Minestrone

Price 550yen

Available November to March

Ingredients used Seasonal vegetables from Ome (spinach, carrot, onions, etc.)



Soba Noodles Tsukumo

☎ 0428-32-1230

URL <http://www1.odn.ne.jp/~tsukumo>

- 📍 5-45-2 Shinmachi, Ome-shi
- 🕒 11:30 – 20:30
- ✖ First Monday and Wednesday
- 🚗 Take the Nishitokyo Bus from the East Exit of JR Ozaku Station. On the Mistuhara-junkan Nishi-mawari Route, get off at "Chikusanshikensho" and walk 1 min.



Signature menu

TOKYO X Meat *Udon / Soba*,
Developed in Ome

Price 900yen (tax excl.)

Available Year-round

Ingredients TOKYO X Pork Yuzu citrus
used (From Ome)Minced Tokyo *Shamo* Chicken Rice
Bowl Set

Price 1,250yen (excl.)

Available Year-round

Ingredients Tokyo *shamo* Chicken, *shiitake*
mushrooms (from Ome)

Tamagawa-ya Sohonten

☎ 0428-78-8345

URL <http://www.tamagawa-ya.com>

- 📍 360 Mitakehon-cho, Ome-shi
- 🕒 11:00 – 18:00
- ✖ Mondays
(Closed Tuesday if Monday is a Holiday)
- 🚗 3 min. walk from JR Ome Line
Mitake Station



Signature menu

TOKYO X Pork
Bouillon *Soba/Udon* Noodles

Price 1,030yen

Available Year-round

Ingredients TOKYO X Pork (from Ome)
usedTOKYO X Pork Deep Fried
Soba/Udon Soup Noodles

Price 1,080yen

Available Year-round

Ingredients TOKYO X Pork (from Ome)
used

Soba Noodles Inariya

☎ 0428-76-0915

URL



- 📍 2-419-7 Wada-machi, Ome-shi
- 🕒 12:00 - 14:00/18:00 - 23:00
- ✖ Wednesdays
- 🚶 10 min. walk from JR Ome Line Miyahonhira Station or Hinatawada Station



Signature menu

TOKYO X Pork Udon

Price 850yen
 Available Year-round
 Ingredients used Meat (TOKYO X Pork), vegetables and plum sauce (from Ome)

TOKYO X Minced Meat Cutlet

Price 600yen
 Available Year-round
 Ingredients used Meat (TOKYO X Pork), vegetables (from Ome), eggs (from Ome)



*The restaurant also serves "Tokyo Ome Plum Orchard Soba" made with flour from buckwheat raised on the site of former plum orchards in Ome

Moriman

☎ 0428-22-1331

URL



- 📍 3-9-7 Higashiome, Ome-shi
- 🕒 10:00 - 20:00
- ✖ The 13th of each month (Once per month)
- 🚶 5 min. walk from JR Ome Line Higashiome Station North Exit



Signature menu

TOKYO X Pork Katsudon

Price 1,850yen
 Available Year-round
 Ingredients used TOKYO X Pork (from Ome)

TOKYO X Pork Udon

Price 800yen
 Available Year-round
 Ingredients used TOKYO X Pork (from Ome)



*TOKYO X Pork is used for many other items on the menu as well.

Kominka Irori

☎ 0428-74-7104

URL <https://kominkairori.owst.jp/>



- 📍 1-135 Kosoki, Ome-shi
- 🕒 11:00 – 21:00 (Last call 19:00)
- ✖ Mondays and Tuesdays (Open on Holidays)
- 🚗 From Ken-O Expressway Ome IC, drive 2 km along Iwakura Kaido (parking available)



Signature menu

River Fish Salt Grilled or Simmered in Sweeten Soy Sauce

Price 600yen – 800yen/each

Available Year-round

Ingredients Sweetfish, trout, char, sockeye salmon used (from the Tama River in Okutama)

Irori (Hearth) Set

Price 2,000yen

Available Year-round

Ingredients Mushrooms from Ome used (*shiitake* mushrooms)



Oven Grilled Cuisine YOSHIZO Cafe (Mitake)

☎ 0428-78-7887

URL <http://yoshizo-cafe.tokyo/>



- 📍 1-192-4 Mitake, Ome-shi
- 🕒 11:30 – 21:00
- ✖ July to September: Open everyday
October to June: Closed Thursdays
- 🚗 From JR Mitake Station, ride the Nishitokyo Bus bound for “Cable Shita” 2 minutes, get off at Yarisawa bus stop



Signature menu

Special Vegetable Roast from Kawaguchi Farm, Ome - Anchovy Sauce -

Price 1,040yen (tax incl.)

Available Year-round

Ingredients Seasonal vegetables from used Ome

Tomato Sauce Pasta with Seasonal Farm Vegetables from Kawaguchi Farm

Price 1,300yen (tax incl.)

Available Year-round

Ingredients Seasonal vegetables from used Ome



*Menu may change depending on the season

Fujimineken

☎ 0428-78-8451

URL <http://www.7b.biglobe.ne.jp/fujimineken/>



- 📍 17 Mitakesan, Ome-shi
Plaza at Cable Mitakesan Station
- 🕒 9:00 – 17:30
- 🗓 Open everyday
- 🚶 Get off at Cable Mitakesan Station



Signature menu

Wasabi Soba

Price 800yen
 Available April to early September
 Ingredients used *Wasabi* Flowers (from Okutama)



Soba Noodles Waraku

☎ 0428-33-0141

URL



- 📍 8-20-9 Shinmachi, Ome-shi
- 🕒 11:00 – 15:00/17:00 – 20:00
- 🗓 Wednesdays
- 🚶 25 min. walk from JR Ome Line Ozaku Station



Signature menu

Seiro Steaming

Price 800yen
 Available Year-round
 Ingredients used Okutama Wasabi

Seiro Steamed Tempura

Price 1,550yen
 Available Year-round
 Ingredients used Okutama wasabi, and green pepper, eggplant, pumpkin, sweet potato, oba leaf, etc. (from Ome)



*At our shop we recommend that you eat the freshly sourced Okutama soba directly with your soba noodles.

Sushi Midoriya

☎ 0428-22-7507

URL



- 📍 6-3-15 Kabemachi, Ome-shi
- 🕒 Lunch 12:00 - 14:00
Dinner 17:00 - 23:00
- ✖ Mondays (Open on holidays)
- 🚶 9 min. walk from JR Ome Line Kabe Station



Signature menu

Conger eel and Rice Meal

Price 2,200yen

Available Year-round

Ingredients Live conger eels (from Tokyo used Bay)

Tamago-yaki

Price 500yen

Available Year-round

Ingredients Local eggs used



noco BAKERY & CAFE

☎ 0428-27-5456

URL <http://noco.wpblog.jp/>



- 📍 2-332-2 Yugi-machi, Ome-shi
- 🕒 11:00 - 16:00
- ✖ Tuesdays and Wednesdays
- 🚶 14 min. walk from JR Ome Line Futamatao Station South Exit



Signature menu

Brioche Quiche

Price 290yen (tax excl.)

Available Year-round

Ingredients Eggs from Ome used

Seasonal Vegetable Pizza

Price 260yen (tax excl.)

Available Year-round

Ingredients Seasonal vegetables from Ome used



Kawashima *Soba and Udon Noodles*

☎ 0428-78-9155

URL sobakawasima.moo.jp/



- 📍 3-841-3 Futamatao, Ome-shi
- 🕒 Weekdays 11:00 – 18:00
Weekends and Holidays 11:00 – 20:00
- 🗑️ Tuesdays
- 🚶 3 min. walk from Ome Line Futamatao Station



Signature menu

Seiro-steamed Kakiage Vegetable Tempura

Price 1,280yen

Available Year-round

Ingredients Seasonal vegetables from used Ome and Okutama

Fried Mochi along with Spicy and Refreshing Soba

Price 1,000yen

Available Summer

Ingredients Seasonal vegetables from Ome used and Okutama



Namikian

☎ 042-362-8462

URL <http://r.gnavi.co.jp/e540000/>



- 📍 2-29-5 Nishifu-cho, Fuchu-shi
- 🕒 11:00 – 15:00 (Weekdays: 11:30- 17:30 – 21:30)
- 🗑️ Mondays
- 🚶 7 min. walk from JR Nambu Line Nishifu Station North Exit



Signature menu

Musashi Fuchu Kofun Tempura on Rice

Price 1,400yen

Available Year-round

Ingredients Seasonal vegetables used from Fuchu and Hachioji

Tempura and Soba with Vegetables from Fuchu

Price 1,380yen

Available Year-round

Ingredients Seasonal vegetables used from Fuchu



Soba & Sake Suzuya

☎ 042-361-3834

URL <http://soba-suzuya.jp/>



📍 5-7-25 Koremasa, Fuchu-shi

🕒 Weekdays 11:00 – 14:00
17:00 – 21:00
Weekends and
Holidays 11:00 – 20:00

✕ Thursdays

🚶 Near the Seibu Tamagawa Line
Koremasa Station Ticket Gate



Signature
menu

Salad Udon

Price 1,080yen (tax incl.)

Available Summer

Ingredients Vegetables from Tokyo
used (Mainly the Tama Area)

Tokyo Islands Fish

Price Depends on the menu

Available Depending on inventory

Ingredients From the Izu Islands
used



Pork Cutlet Cuisine Yasui Meat

☎ 042-363-8601

URL <http://www.yasui-meat.com/>



📍 1-23-3 Shiraitodai, Fuchu-shi

🕒 Lunch Mon. – Sat. 11:30 – 14:00
(Closed on Sundays and Holidays)
Pub 17:00 – 23:00

(Sun.: 16:30 – 22:30/Closed on Tuesdays and Holidays)

✕ Tuesday nights and Holidays

🚶 10 min. walk from Keio Line Tama-Reien Station
Transfer at JR Chuo Line Musashi-Sakai Station (Bound
for Koremasa), 7 min. walk from Shiraitodai Station



Signature
menu

Tonkatsu Set

Price Lunch: 800yen/Dinner: 900yen

Available Year-round

Ingredients Tamacho Cabbage from
used Fuchu (during harvests)

Tsuzuki Family Fried Eggplant (Night Menu)

Price 410yen

Available Summer

Ingredients Tamacho Eggplants from
used Fuchu-shi



*Daily menus using locally grown seasonal vegetables

Restaurant Cantallo

☎ **050-3734-3208**

URL <http://www.cantallo.com/>



- 📍 1F Fuchu-no-Mori Arts Theater
1-2 Sengen-cho, Fuchu-shi
- 🕒 11:00 – 22:00
- ✕ Irregular
- 🚶 7 min. walk from Keio Line Higashi-Fuchu Station North Exit



Signature menu

Pasta with Anchovies and Local Cabbage

Price 1,000yen (tax excl.)

Available Year-round

Ingredients used Locally grown cabbage

Bagna Cauda with Local Vegetables

Price 850yen (tax excl.)

Available Year-round

Ingredients used Local vegetables



Oriental Bar AKICHI

☎ **042-333-4311**

URL <https://www.facebook.com/akichidining/>



- 📍 3-8-11 Midoricho, Fuchu
- 🕒 17:00 – 25:00 (Last Call 24:00)
- ✕ Open everyone
- 🚶 3 min. walk from Keio Line Higashi-Fuchu Station North Exit



Signature menu

Fritter with *Shiitake* Mushrooms from Fuchu

Price 700yen

Available Year-round

Ingredients used Shiitake mushrooms from Fuchu

Spaghetti with Fresh Tomato and Basil

Price 1,100yen

Available Year-round

Ingredients used Tomatoes and mini tomatoes from Fuchu



Heiji No O-udon

☎ 042-354-8555

URL <https://heijinooudon.jp/>



- 📍 Veil Maison Fuchu, 3-3-1 Midori-cho, Fuchu-shi
- 🕒 Weekdays 11:00 – 15:00/17:00 – 22:00
Weekends and Holidays 11:00 – 22:00
- ✕ Every 1st Thursday of the month
(If the 1st Thursday is a holiday, then Thursday of the following week)
- 🚶 4 min. walk from Keio Line Higashi-Fuchu Station



Signature menu

Bouillon Udon

Price Mini from 780yen (tax incl.)

Available Year-round

Ingredients used Wakenegi scallions

Seasonal Tempura 3-Piece Set

Price 380yen (tax incl.)

Available Year-round

Ingredients used Seasonal vegetables from Fuchu



Wine Terrace Yu-me

☎ 042-302-3977

URL <http://wineterraceyume.com/>



- 📍 2-4-2 Miyamachi, Fuchu
- 🕒 Lunch 11:30 – 15:00
Dinner 17:30 – 23:00
- ✕ Open everyday
- 🚶 4 min. walk from Keio Line Fuchu Station



Signature menu

Bagna Càuda with Roasted Fuchu Vegetables

Price 972yen (tax incl.)

Available Year-round

Ingredients used Seasonal vegetables from Fuchu

Pickled Fuchu Vegetables

Price 486yen (tax incl.)

Available Year-round

Ingredients used Seasonal vegetables from Fuchu

