

Shogaiseishunnoyu

Tsurutsuru Hot Spring



☎ 042-597-1126

URL <http://www.gws.ne.jp/home/onsen/>

- 📍 4718 Oguno Hinode-machi, Nishitama-gun
- 🕒 10:00 - 20:00 (Reception closes at 19:00)
- ✖ 3rd Tuesdays
- 🚌 Take the bus from Musashi-Itsukaichi Station, get off at the "Tsurutsuru Onsen" final stop



Signature menu

Tsurutsuru Grilled Magnolia Leaf Tokyo Wagyu Beef

Available Year-round

Ingredients Akigawa Beef (from Akirunoshi)

Akai Red Udon Noodles

Available Year-round

Ingredients Hinode tomatoes (from used Hinode)



Tourist Inn Mitou Sansou



☎ 042-598-6138

URL <http://www.mitou-sansou.com>

- 📍 2603 Kazuma, Hinohara-mura, Nishitama-gun
- 🕒 11:00 - 17:00
- ✖ Thursdays (Additionally some other irregular days)
- 🚌 Bus ride (Nishitokyo Bus) from JR Itsukaichi Line Musashi-Itsukaichi Stn for Kazuma, getting off at the last stop (10 min. walk from Kazuma Stop (last stop) for Forest of Tokyo Citizen)



Signature menu

Seasonal Mountain Vegetables in 22 Small Dishes

Available Year-round

Ingredients Local mountain vegetables and used local farm grown vegetables

Tempura Set Meal/
River Fish Set Meal

Available Year-round (Tempura set meal, March to end of June)

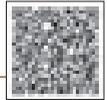
Ingredients Local mountain vegetables/yamame trout and iwana trout from local rivers



Kazumanoyu Hot Springs Hinohara Onsen Center

☎ 042-598-6789

URL <http://spa-kazuma.com/>



📍 2430 Kazuma, Hinohara-mura, Nishitama-gun

🕒 Weekdays 10:00 – 19:00
Sat, Sun and Holidays 10:00 – 20:00

ⓧ Mondays (The following day if Monday is a holiday)

🚗 From JR Musashi-Itsukaichi Station take the "Kazuma Yuki" Nishi-Tokyo Bus for about one hour to the "Onsen Center" stop. Immediately by the bus stop.



Signature menu

Maitake Mushrooms and Shrimp Tempura Rice Bowl

Available Year-round

Ingredients used Hinohara maitake mushrooms

Maitake Tempura with Soba or Udon Noodles

Available Year-round

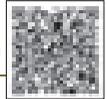
Ingredients used Hinohara maitake mushrooms



Meat Restaurant in the Forest Earth Garden

☎ 0428-85-5101

URL <http://www.okutama-earthgarden.com>



📍 361-1 Shiromaru, Okutama-machi, Nishitama-gun

🕒 11:00 – 16:00

ⓧ Open 365 days a year

🚗 7 min. walk from JR Ome Line Shiromaru Station



Signature menu

Loin Cutlet & Minced Meat Cutlet with Assorted Vegetables

Available Year-round

Ingredients used Okutama wasabi

Okutama wasabi croquette

Available Year-round

Ingredients used Okutama wasabi



Hatonosu Kamameshi

☎ 0428-85-1970

URL <http://hatonosukamameshi.com/>



- 📍 375 Tanazawa, Okutama-machi, Nishitama-gun
- 🕒 10:00 - 18:30 (Last call 18:00)
- ✕ Wednesdays (Open on holidays, closed the next day)
- 🚶 1 min. walk from JR Ome Line Hatonosu Station



Signature menu

Okutama Yamame Trout Sashimi

Available Year-round

Ingredients *Shimeji* mushrooms from used Okutama

Salt Grilled Okutama Yamame Trout

Available Year-round

Ingredients used Okutama *yamame* trout



Yamabato

☎ 0428-85-2158

URL <http://www.yamabatonosu.com/>



- 📍 380 Tanazawa, Okutama-machi, Nishitama-gun
- 🕒 10:00 - 17:00
- ✕ Mondays
- 🚶 1 min. walk from JR Ome Line Hatonosu Station



Signature menu

Lunch set

Available Year-round (Tuesday - Friday)

Ingredients Seasonal vegetables from used Ome-shi's Nariki area

Soba noodle salad

Available Year-round

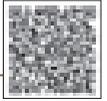
Ingredients used Burdock roots and carrots (from Ome)



Folk Tale Inn Arasawayaya

☎ 0428-83-2365

🌐 <http://arasawayaya.co.jp/>



Signature menu

- 📍 1446 Hikawa, Okutama-machi, Nishitama-gun
- 🕒 Dinner 18:00, 18:30 or 19:00 (Breakfast time to be decided after check-in)
- ✕ Irregular (Basically Tuesdays)
- 🚶 5 min. walk from JR Ome Line Oku-Tama Station



Japanese Dinner (an example)

Char-grilled Okutama *yamame* trout, wild mountain vegetables, hot pot *nabe* stew with *awabitate* mushrooms, handmade *sashimi konnyaku* from potatoes, etc.

Available Year-round

Ingredients *Awabitate* mushrooms, seasonal vegetables, char-grilled fish, used *wasabi* (from Okutama), etc.



Robata (Fireside) Akabeko

☎ 0428-83-2365

🌐 <http://akabeko.tokyo/>



Signature menu

- 📍 1446 Hikawa, Okutama-machi, Nishitama-gun
- 🕒 17:30 – 23:00
- ✕ Irregular (Usually Tuesdays)
- 🚶 5 min. walk from JR Ome Line Oku-Tama Station



A la carte

Available Year-round

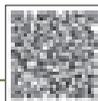
Ingredients Seasonal vegetables from Okutama, natural river fish, Okutama *yamame* trout, *awabitate* mushrooms, used various mountain vegetables, TOKYO X pork, etc.



Kamameshi Nakai

☎ 0428-85-1345

URL <http://www.okutama.gr.jp/mikaku/nakai/nakai.htm>



- 📍 175 Otaba Okutama-machi, Nishitama-gun
- 🕒 11:00 – 18:00 (Last Call)
- ✕ 2nd Wednesdays and Thursdays
- 🚶 30 min. walk from JR Kawai Station, near Otaba Kokusai Fishing Area, or 5 min. by car (Parking lot available)



Signature menu

Mushroom Kamameshi Set

Available Year-round

Ingredients Okutama *shimeji* mushrooms, used *konjac sashimi* (from Okutama)

Zaru soba noodles / Zaru udon noodles

Available Year-round

Ingredients Okutama *wasabi* used



Hikawa Service Station

☎ 0428-83-2140

URL <http://station.webcrow.jp>



- 📍 213 Hikawa, Okutama-machi, Nishitama-gun
- 🕒 12:00 – 18:00
- ✕ Thursdays, 1st & 3rd Fridays
- 🚶 Near JR Ome Line Oku-Tama Station



Signature menu

Deep-fried Yamame Trout

Available Year-round

Ingredients Okutama *yamame* trout used

Kinoko Mushroom Rice

Available Year-round

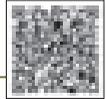
Ingredients *Shimeji* mushrooms used (from Okutama)



Okutama Mizu To Midori No Fureaikan

☎ 0428-86-2733

🌐 <http://okutamako.com/>



- 📍 5 Hara, Okutama-machi, Nishitama-gun
- 🕒 10:00 – 17:00 (Last Call 16:30)
- ✖ Wednesdays
- 🚌 Bus ride (Nishitokyo Bus) from JR Ome Line Oku-Tama Stn for either Lake Okutama, Kamosawanishi, Taba. Minedani or Tozura, getting off at Lake Okutama Stop.



Okutama

Signature menu

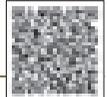
Okutama *Sansui* Set Meal

Available Year-round
 Ingredients used Okutama *yamame* trout

Hikawa Shokudo

☎ 0428-83-2401

🌐 <http://hikawashokudo.com/>



- 📍 199-7 Hikawa, Okutama-machi Nishitama-gun
- 🕒 11:00 – 18:00
*Lunch menu is unavailable from 14:00 to 15:00 (other menu items are OK)
- ✖ Tuesdays and Wednesdays
- 🚶 1 min. walk from JR Ome Line Okutama Station



Okutama

Signature menu

Grilled Ginger Set Meal

Available Year-round
 Ingredients used Pork from Ome (from Shimoda' s Farm)

Ume Pork *Udon* Noodles

Available Year-round
 Ingredients used Pork from Ome (from Shimoda' s Farm)